



OBSESSION MAKER

SEAN JAMESON

DISCLAIMER & TERMS OF USE AGREEMENT

This book is copyrighted 2015 with all rights reserved. It is illegal to distribute, copy, share or to create derivative works from this book in whole or in part without the expressed written permission of the author. It is also illegal to aid in the copying, distribution, or creating of derivative works of this book without the expressed written permission of the author.

If you know of persons illegally selling, copying, sharing or creating derivative works of this book, then please contact the team at the Bad Girl's Bible at this web address:

<http://badgirls bible.com/contact>

No part of this book may be used or reproduced in any manner whatsoever without written permission except in the case of brief quotations utilized in articles and reviews. To find out more about other books and programs from the Bad Girl's Bible use this web address:

<http://badgirls bible.com/products>

By purchasing this book, you agree to the following:

You are responsible for your own behavior, and none of this eBook is to be considered medical, legal or personal advice. The information contained in this eBook is an opinion and it should be used for personal entertainment purposes only. Therefore, if you wish to apply any idea contained in this eBook, you are taking full responsibility for your actions.

The author does not warrant or guarantee the performance, effectiveness or applicability of any sites linked to in this eBook. All links are for entertainment purposes only and are not guaranteed or warranted for content, accuracy or any other implied or explicit purpose.



1

BECOMING HIS OBSESSION

Obsession Maker is an incredible book. It's jam-packed with techniques, tips, tactics, ideas, games, suggestions, role-play scenarios and more that you can use on your man that will have him calling, texting and begging you for more.

These are the techniques that will change your man from seeing you as his partner to seeing you as his partner **and his sexual goddess**. And don't be surprised if you no-

tice that he starts to become extra-protective of you, eager to spend more time around you and even a little jealous when you talk to other guys.

To get the full power from the techniques in *Obsession Maker*, you also need to read, understand and use the techniques from my other book, *Firestarter: How To Create Extreme Sexual Tension*, to first build sexual tension

You see, the two books are very much a couple. They are both different and effective on their own, but when you combine them, their power is incredible.

Here's why...

As you increase the sexual tension between you and your man, he will naturally be more eager to get physical with you. Additionally, when there is sexual tension between you and your man, it amplifies the physical sensations when you do start getting intimate with him.

Firestarter: How To Create Extreme Sexual Tension is all about building this sexual tension. And *Obsession Maker* will show you the most intense sexual techniques that you can use to ensure your man experiences peak levels of sexual satisfaction once you have created large amounts of sexual tension.

So if possible please make sure to read both *Obsession Maker* and *Firestarter: How To Create Extreme Sexual Tension* to ensure you get maximum effect from each.

Using *Obsession Maker*

As you start reading through all the techniques in *Obsession Maker*, you'll notice that there is detailed advice on how to perform each, along with multiple variations of each technique. In all, you'll find 100s of ideas that you can start using immediately.

The only problem is that with so many ideas, it can become confusing and you can even become paralyzed, wondering which idea you should use and when.

To prevent this from happening, start by reading right through the book and keeping a mental list (or written list) of between two and five ideas that you most want to try first. These should be the ideas that you think you and your man will enjoy the most. Now, it's just a case of trying each of these techniques and finding out for yourself which ones are most enjoyable.

Then after you've tried out each of the techniques, pick another two to five that you want to try with him.

Continue like this until you've completed every technique in the book that you want to try and keep a list of the techniques that you and your man enjoyed most.

A Funny Problem with *Obsession Maker*...

When I showed the initial draft of *Obsession Maker* to a small group of students, they went off and tried the techniques and returned a few days later to tell me the good news of what worked well and what worked incredibly well.

However 3 students came back with the same problem...

Their men were shocked by their sudden change in behavior. Their guys started questioning them, asking why they suddenly changed their behavior and what was going

on. One guy even accused his girlfriend of cheating on him. He was so shocked by her new skills in the bedroom, that he just presumed she had learned them from some extra sex on the side!

You don't want to have to deal with this kind of reaction, especially when you're actually putting the effort in to provide him with more pleasure.

To prevent this negative kind of shock from your man, it's often a good idea to first tell him that you learned a new technique online and wanted to try it out with him. This way it won't come as such a shock to him.

When your man responds positively, you may want to show him *Obsession Maker* and get him to read it so he can pick out the techniques that he would most like you to try.

Now, let's get to the techniques!



2

THE PLEASURE MULTIPLIER

I decided to start off *Obsession Maker* with one of the most powerful techniques you can use whether you are giving him a hand job, blow job or even while having sex. It's called the Pleasure Multiplier for the very simple reason that it multiplies the amount of pleasure you give your man when he reaches orgasm. Here's how it works...

The next time you're giving your man a blow job, when you sense that your man is about to reach orgasm and cum, stop the blow job and take a break for 10-20 seconds before resuming it. Then, go back to giving him the blow job just like before and bring him close to orgasm yet again before taking another 10 to 20 second break. When you resume giving him a blow job for the third time, keep going until he reaches orgasm.

Bringing him close to orgasm twice before finally allowing him to reach orgasm is incredibly powerful and will make his orgasm much more powerful when you finally do allow him to cum. It will feel immeasurably better than just making him cum as fast as possible.

And like I said before, the great thing about this technique is that you can use it during a hand job, blow job or even during sex. To make sure you perform the Pleasure Multiplier correctly, there are a few nuances that you need to know about.

Taking a 10 to 20 second break during a hand job/blow job - Taking a 10 to 20 second break is easy. It's a simple case of focusing on massaging his balls or inner thighs instead of his penis. You can even take a break by kissing him.

How to take a 10 to 20 second break during sex - This is again pretty simple, just "accidentally" allow him to pull out. When he does, instead of allowing him back inside right then, hug him and kiss him. This should give him enough time to calm down and be ready for another few minutes of intercourse, allowing him to build right back up to almost reaching orgasm.

How can I tell if he is close to orgasm? - There are a few very obvious signs that your man is about to orgasm. The first is his breathing. As he gets closer to orgasm, his breathing will start to get shorter and faster. It can often get louder too. You'll also no-

tice that his muscles become "tenser" as he gets closer to orgasm. During sex, many guys also start thrusting faster as they near orgasm.

Keep in mind that every guy is different, so your man may not tense up but he may display the other signs. The key is knowing your man by paying attention to how his body reacts when he's close to orgasm. For this reason, the Pleasure Multiplier is a technique that you will get better at with time and experience.

Should I always bring him close to orgasm two times, then allow him to orgasm on the third time? - This is entirely up to you. You can bring him close to orgasm five times or only one time if you like. What's crucial is the effect it has on your man. If he enjoys endless teasing, then bringing him close to orgasm repeatedly four or five times is obviously going to be more effective. But if he doesn't like to be teased so much, then don't bring him close so many times.



3

THE GIVE IN GAME

The Give In Game is my absolute best technique for reigniting the flame of passion in your relationship. If you've found that both you and your man have fallen into a routine or things are starting to get boring, then the Give In Game is for you.

The rules of the Give In Game are simple. You need to tempt, tease and titillate your man into making a move and initiating sex with you. He needs to do everything possible to resist your attempts to seduce him (I've included examples just below).

Meanwhile, he will be doing the same thing to you. He will be trying to push every button on your body, trying to turn you on and compel you to make a move and initiate sex with him.

The loser is the person who gives in first and initiates sex.

The awesome thing about the Give In Game is that it builds the sexual tension so high that it compels one of you to eventually take action and break it...perfect for keeping your relationship red hot.

Techniques for Teasing - There are many different things you can do to tease your man and compel him into taking action first:

- Send him dirty text messages during the day to keep him thinking about you.
- Send him provocative pictures of yourself.
- Rest a hand on his crotch when you're watching TV together.
- Give him a massage.
- Talk dirty to him.
- Wear something that you know he finds arousing.
- Cuddle *extra* close in bed.
- Get him tipsy.

● Use any of the techniques from the *Firestarter: How To Create Extreme Sexual Tension* book.

Raising the Stakes - Another way to enjoy the Give In Game even more is to include a forfeit. So, the loser may have to buy dinner for the winner.

Another great way to raise the stakes is for both of you to put \$20 in a jar each morning while you are playing the game. The winner then gets to keep all the money that's accumulated in the jar and spend it on a couple's activity of their choosing.

Can the Give In Game fix a sexless relationship? - The Give In Game is a super-powerful way to enhance an existing sexual relationship and make it a whole lot more fun. If you are currently in a sexless relationship with your man, then the Give In Game can certainly help make it more exciting.

However, the causes of a sexless relationship are often out of your control. Depression, taking SSRI (selective serotonin reuptake inhibitor) medications, lack of testosterone and the natural aging process can all contribute to a sexless relationship that only serious medical intervention can fix.



4

BLINDSIDE HIM WITH A BJ

The Blindside Him With A BJ technique is a really easy way to keep your man on his toes, especially if you **don't use this technique too often.**

You are going to surprise your man with a blow job, when he's not expecting it **and when he will really appreciate it.** For maximum effect, it's really important that you initiate the blow job and that he doesn't ask for it.

- Perhaps, you're watching his favorite sports team together and it's half time. It's a perfect time to blindside him with a blow job.

- Or maybe it's a Saturday morning and you're in bed together, but he's still asleep. Again, this is the perfect time to surprise him with a blow job.

- He could have had a tough day at work and you're watching Netflix together, when you start to massage his crotch, then unbuckle his trousers and proceed to give him a blow job.

You'll notice a few similar themes with all of these examples, that are important to consider when you blindside your man with a blow job.

- Make sure you are somewhere appropriate and private. This goes without saying!

- You'll find that your man is much more receptive to being blindsided by a blow job when he's relaxed, calm and in a good mood. While using this technique can help to calm your man down when he's agitated and angry, you'll often find that he's just not in the mood when he's feeling these negative emotions.

- The same is true if you are interrupting something important. If your man is intently watching his sports team on TV, he'll find you very distracting if you try to go down on him then.

3 Final Notes On Blindsiding Him With A BJ

1. You don't have to limit this technique to only oral sex. You can also give your man a hand job or have sex with him. In fact, a good way to keep things fresh is to regularly switch between blow job, hand job and sex.

2. Once you see the great reactions that you are getting from your man, you may feel like you should use this technique everyday.

Don't.

It's much more powerful if you only use it occasionally about every two weeks. This way your man will never know when to expect it and it will always be a surprise when you do it.

3. If you aren't 100% comfortable with taking the initiative, then the first time you try this technique will be the hardest.

But...

If you use it when he's relaxed, you're somewhere private and he's in a good mood, he is almost always going to be very happy when you take the initiative and surprise him.



5

THE SEX TO-DO LIST

A sex to-do list is exactly what it sounds like. It's a list of sexual things that you want to accomplish with your man. Sounds simple, right? It is.

But before you dismiss it as too vanilla, here's why you need to try it with your man...

- If you make creating a sex to-do list a regular weekly or monthly thing, you train your man to expect new things, which is perfect for keeping things fresh.
- It gives both you and your man something fun to look forward to.
- Most importantly, **it's the perfect avenue to start exploring new sexual experiences with your man.** So if you have a fetish, kink or position that you adore, then using a sex to-do list is a great way to smoothly introduce it to your man.

How to Introduce a Sex To-Do List

The best way to suggest using a sex to-do list to your man is to make it easy and natural, obviously.

So I always suggest that you simply text your man one or two things that you want to try that night. So you could send him a message like, *"Ugh, I'm stuck at work and all I can think about is getting home and wrapping my lips around your cock. I've put it on my to-do pile for later ;)"* or *"Can't wait to see you later, I've had sex on my mental to-do list all day long. You could say I'm eager to cross it off ;)"*

After you do have sex or give him a blow job, joke with your man that you should make a real life sex to-do list. He won't stop you.

When you do make the first list, only add two or three tasks, **and make sure to get your man to contribute**, for example:

- Blowjob on Tuesday.
- Cowgirl & Spooning on Wednesday.

● Shower Sex Thursday.

If you live together and don't have housemates, then you can pin the list to the fridge, but if you need to be more discreet, you can just message your man with the list or use a to-do list app like on your phone to share it with him.

You'll notice that the examples in the list above are not particularly kinky or intense. This is just so it's an easy pill for your man to swallow and will get him interested in this type of sex to-do list. Future lists can and should be much kinkier

Pinterest - A really great tool to use with your man for creating your sex to-do list is a private shared board on [Pinterest](#). Both you and your man can 'pin' or save images, techniques and positions that you find online as well as commenting on them.

Using a Sex To-Do List to Try Out Your Kinks

Using a Sex To-Do List is a great way to introduce your man to your kinks.

Let's say that you're keen to try out anal sex with him. You could first introduce the idea by including, "me using a butt plug during sex" in a list, then, "you sticking a finger in my butt" in the next list, then "trying anal sex" in a following list.

As you've gradually introduced anal play and the idea of anal sex to your man, having anal sex with you won't come as such a shock to him, which is perfect if your man isn't particularly adventurous.



6

THE QUICKIE GAME

The Quickie Game is a very simple way to change things up in the bedroom without having to learn any new sex techniques. It's awesome, because you can play it using the techniques you already know.

Playing the Quickie Game is pretty simple too. Here are the rules:

- 1.** You have 30 seconds to try and make your man cum.
- 2.** After your 30 seconds are up, then it's your man's turn to try and make you cum.
- 3.** The loser is the person who cums first.

Most couples just use the countdown timer on their phone to time the 30-second intervals.

To make the Quickie Game more fun and competitive, you can both agree that the loser has to do a favor for the winner. This could be cooking dinner, doing chores, taking the winner out to dinner or something else that helps make the game fun.

When it's your turn to have 30 seconds to try and make your man cum, you should use the techniques most likely to get him off, whether it's his favorite sex position, giving him oral sex or trying his favorite fetish. The main thing is that you do your best to turn him on and make him so aroused that he cums first.

Once your 30 seconds are up, and if he hasn't yet cum, then it's your man's turn to try and make you cum. Again, your man should use everything at his disposal to try and bring you over the edge.

Why It Works

Trying to make your man reach orgasm is obviously a bunch of fun, but what really makes the Quickie Game great is physically trying to hold back your own orgasm. It's really hard to explain the intense physical sensations that you experience as you try to prevent yourself from reaching orgasm, but what is truly wonderful about trying to hold it back is that it can actually make you much more likely to orgasm. What's more,

trying to prevent yourself from cumming can make your orgasm much more powerful when you do eventually have it.

It's like trying to hold onto a huge bucket that is slowly being filled with water. At first, it's easy. Then it gets harder and harder as the bucket fills with water. Eventually, as the bucket gets really heavy, you will feel your grip loosening and you'll know that dropping it is inevitable. There's simply nothing you can do about it, it's out of your control. Additionally, as you've held on to the bucket for as long as physically possible, it will make the biggest splash possible when it hits the ground.

It's exactly the same process when playing the Quickie Game. As you try to hold back your orgasm, the tension and pressure will increase and increase to a point where you just can't control it anymore. Eventually, it will become so great that you lose all control and release it in a massive orgasm.

But What If Your Man Always Cums First?

If you find that your man always cums first, then to make it more even, he should start the game by pleasuring you. Think of it as a head start.

Another way to keep things fair is giving him longer to pleasure you. He could pleasure you for two full minutes to try and get you to orgasm, while you only have 30 seconds to pleasure him.

If he's still having trouble with premature ejaculation, then get him to masturbate about 30 minutes before you start playing to help make him less sensitive.



7

SUPER SLOW FINISHER

For many couples, sex follows the same course...

Him thrusting at more or less the same consistent speed until right before he cums when he starts to thrust more vigorously.

This isn't necessarily a bad thing, but...

He can feel a very different sensation if he finishes at the opposite speed, by slowing right down the closer he gets to orgasm. This will make his final buildup feel incredible **and** very drawn out, which many men find improves the feel of their orgasm.

The key to performing the Insanely Slow Finish is getting your man on board and interested in trying it out. The easiest way to do this is simply asking him if he wants to try something slightly different during sex. Most open-minded guys will naturally be interested.

You then just need to explain to him that when he feels he is nearing orgasm, he needs to start slowing down. As he gets closer and closer, he should to slow down more and more. As he starts to cum, he should be hardly moving inside you at all. This way he will spend much longer than normal experiencing the intense pleasure of building up to orgasm.

You may be thinking that the Insanely Slow Finish is a technique only for your man to enjoy, but thankfully you can enjoy it too. So...the next time you feel yourself nearing orgasm, get your man to slow right down. This way you will be in that incredibly pleasurable pre-orgasmic state for as long as possible before you cum.



8

STEAK & BLOW JOB DAY

You may never have heard about it, but Steak & Blow Job Day is the invention of a guy called Tom Birdsey from Rhode Island and is “celebrated” on the 14th of March every year.

The reason he invented it was because he felt that Valentine's Day was a special day only for women and that men often aren't made to feel all that special on Valentine's Day.

Some people agreed loudly with the idea while others weren't so impressed. My opinion is that Steak And Blow Job Day is a big bunch of baloney,

But...

There is something very effective that you can learn from it....

From time to time, it can be incredible for your relationship to show your man how much you care about him by using a big gesture...and some great sex. Instead of cooking him steak and giving him a blow job every March 14th, you should try to do something special for your man about once a year when the time is right. And don't forget to make it a complete surprise for him. Here are a few ideas...

- If money is tight, then you could surprise him with his favorite meal and then some really intense sex afterwards, **without explaining it.**

- Or you could surprise him by pre-booking tickets to a movie he really wants to see and then giving him a really slow, sensual blow job afterwards when you both get home.

- You could make him something yourself to show him how much he means to you. After you give it to him, you could then have some really slow, passionate and loving sex with him. For a homemade gift, think a handmade card, a personalized mug or a photo collage of both of you.

The formula is simple. You just need to do something very thoughtful and follow it up with something sexual. And you also need to make sure that it's unexpected and a surprise for your man. It's also important that you don't do it too often, otherwise it will completely lose its appeal.

And just to be clear, you don't have to use this technique only on March 14th. Use it when you feel that it's most appropriate.

The final thing I have to say about the Steak And Blow Job Technique is that healthy relationships are built on both give and take. So hopefully you aren't constantly giving to your man and he's not just constantly taking from you.



9

ANIMAL INSTINCT

There are so many different types of sex you can have with your man.

- Slow and sensual sex where you and your man are grinding softly against each other, taking time to show how much you love and care about each other.

- Quickies when you don't have much time and want him to cum as quickly as possible.

- Deep and strong sex when your man is pounding you with long, deep strokes often in a dominating way.

- Caring sex when your man is spooning you and has his arms wrapped around you, pulling you in close.

One type of sex that doesn't get talked about often enough is intense, animalistic sex. This is the kind of sex where you and your man are completely lost in each other. You're absolutely not thinking logically or rationally and all you can focus on is yours and his pleasure.

It's the kind of sex you have after an argument or fight, the kind of sex you have after your man gets back from deployment overseas, the kind of sex you have when you've built up massive amounts of sexual tension first (*Firestarter: How to Create Extreme Sexual Tension* will teach you exactly how to do this).

So, what are some techniques you can use to unleash your animal instinct during this kind of animalistic sex?

- When you're having sex, grab his back, scratch it and dig your nails in a bit. The aim isn't to hurt him, it's to let him know how intense and passionate you are about him.

- Run your fingers through his hair. Start by pushing your hand upward on the back of his scalp until you get to the top and his head. Then slowly drag your fingernails down the back of his scalp. You don't need to use too much pressure when you do this. My advice is to just use as much pressure as you'd like him to use on you. If

he's got long hair, then you grab it and hold it between your fingers from the base of his scalp.

- When he starts to orgasm, grab his ass hard and pull it in towards you so that he cums as deep as possible inside you.

- Put your hands on his cheeks so you can turn his face towards you to focus his gaze on yours. Note: This one is more effective for couples who have already been together for a while.

- Get noisy. There are two major ways to do this. You can loudly moan and groan to show him how much you are enjoying yourself or you can talk dirty him (the **Dirty Talking Bible** will teach you the shortcuts to talking dirty).

- Hold him down. If you are riding on top of your man, say in the cowgirl position, you can try pinning his arms down so that you can 'have your way with him'. Doing this can also lead to you wrestle with your man, which is great for keeping it animalistic.

- Keep him inside you after sex. When your man cums, it can be super intimate and can make him feel closer to you by holding him inside you afterwards for a few minutes.

- Gently bite his lip while you're kissing him.

- In most sex positions when you're facing each other, your legs will be free. Instead of just spreading them open, wrap your legs around his back and pull him in tight. You can use your arms to make it extra tight.

I don't want to overload you with techniques and tips for having more animalistic sex with your man, so my advice is to start off by trying one or two of the techniques that get you most excited and then trying another one the next time you have sex with your man.

Important: Planning this type of animalistic, passionate sex is pretty darn difficult. And there's a good reason for this. **You can't plan passion. But you can create the conditions for it to happen.** This is the whole point about building sexual tension with your man.

Building sexual tension helps to create an atmosphere where your man will be itching and craving to rip your clothes off and get physical with you.

So remember, it's difficult to have passionate, intense, animalistic sex with your man if you haven't created the right conditions through first building sexual tension and turning him on. That's what *Firestarter: How to Create Extreme Sexual Tension* is all about.



10

SUPER SENSITIVE

Here's something obvious...

Some parts of your vagina are much more sensitive than other parts.

I can already hear you saying, "Well duh, Sean."

Here's why I'm telling you this. Your man is exactly the same. Some parts of his penis are way more sensitive than other parts. Having some parts stimulated will make him squeal with delight, while having other parts stimulated may feel like having his feet massaged (feels nice, but doesn't feel incredible).

Once you find out what parts of his penis your man likes to get stimulated, then it's just a simple case of using this knowledge when you are giving him a hand job, foot job, blow job, having sex or during whatever sex technique you are using on him.

For almost all men, the head of their penis, also known as the glans, is the most sensitive part. However, there are different parts of the glans that vary in sensitivity too. Some men adore having the underside of their penis stimulated, while others like the top part of it being stimulated and a small percentage of men love it when you work your way along the corpus spongiosum (the corpus spongiosum looks and feels like a tube type structure that runs all the way along the underside of his penis from the base to the glans).

The key is finding out what parts of your man's penis are most sensitive and respond best to stimulation. You can do this by simply asking him what he finds most enjoyable or by experimenting with what seems to work best or by using a combination of both.

Once you discover the parts that are most sensitive, then it's time to start focusing on pleasuring them. One of the best things you can do is make a list of sex positions that you can use to stimulate it.

- So if the top of his glans, the part closest to his belly when his penis is erect, is the most sensitive, then using a position like cowgirl with him lying flat on his back

and you leaning right back while using your hands to balance is perfect for stimulating it.

● If it's the underside of his glans that's most sensitive, then you can focus all your tongue action on licking, stroking and applying pressure to it.

The surprising thing about the Super Sensitive technique is that it's so darn obvious, but many people just never take the time to consider what parts of their man's penis is most sensitive and responds best to stimulation. Your man may have the same problem when it comes to pleasuring you.

The last thing to say on the Super Sensitive technique is that you may find that your man's balls, perineum or even butt may actually be just as sensitive or even more sensitive for him than his penis.



11

HIDDEN SEXCAPADES

Often when two people first meet, there are fireworks. They wish they had more time to hang out, do things together and of course to pleasure each other. If it's happened to you, then you may have thought that this feeling would never end.

Frustratingly, this honeymoon period always ends. What was once new and novel about your relationship inevitably and slowly becomes routine and expected. Of course, this isn't necessarily a bad thing for the relationship.

But, it can make it boring...and that's something we at the Bad Girl's Bible don't like at all.

Thankfully, Hidden Sexcapades is a fantastic sex game if you have already been with your man for a long time and you're looking for an easy way to inject some of the excitement back into your relationship.

To play Hidden Sexcapades, you and your man each need to get 10 small index cards or Post-it notes or even playing cards. On each of your cards, write down one intimate act that you will do for your partner.

For example, you could write down these ideas...

- I'll give you a super slow blow job at a time of your choosing.
- I'll perform a striptease for you.
- I'll be your personal sex slave tonight.
- Let's watch some porn together tonight.

And he then needs to do the same. Here are a few examples that he could write:

- I'll spend tonight, passionately making out with you.
- I'll give you a 20-minute massage.

- I'll go down on you for a long, slow session of cunnilingus.
- I owe you one romantic dinner at a time of your choosing.

Next, each of you need to hide these ideas around your house/apartment. You'll want to choose places that your man doesn't look at too often or where he won't find your index cards too easily. This way, the game will last longer and it will be even more satisfying and unexpected as both of you find the index cards over the following weeks and months.

Here are a few examples of places to hide your cards:

- Towards the end of a book he's reading or a book he's about to read.
- At the bottom of his sock drawer.
- In his wallet, behind a card he rarely uses.
- Inside his passport.
- Taped underneath his desk.
- In a file that he won't open until he needs to file his tax return.

2 Things to Keep in Mind When Playing Hidden Sexcapades

1. If you have kids running around your house, then it's a good idea to only hide your index cards in places where they are unlikely to find them. Think the top of cupboards, books they are uninterested in, or locked drawers that only you or your man have access to.

2. When playing Hidden Sexcapades, if you find that you are uncomfortable with the more explicit sex acts, that's fine. You can tone things right down to what you are most comfortable with. So, instead of promising your man something like anal sex or oral sex, you can do something like cooking him dinner, watching his favorite sports team with him or giving him a “pass” to go out drinking with his buddies.



12

SHOW ME

The idea behind this technique is very simple. You're literally going to be putting on a “show” for your man and masturbating to orgasm in front of him.

It works very well for a simple yet powerful reason: It educates your man and shows him exactly what gets you off the most when you are with him, but at the same time he's going to find it very hot, which is perfect for getting him to improve his skills in

the bedroom so you can get more enjoyment. In other words, the the Show Me technique is an indirect way of teaching your man exactly what you want, enjoy and get off from in the bedroom. It's perfect if you want to help your man kick his sex game up a gear.

The key to making the Show Me technique work effectively is how you approach your man about it and set it up.

The problem is that all men have egos.

Often, they want to think that they are incredible in bed or they want believe that they are the best you've ever had. As a result, he can feel offended and upset if you tell him that he's "not doing it right" or "could do better." It's ridiculous, but sadly that's men for you!

This is why **your approach with this technique is vital.**

There's no need to tell him the real reason why you are putting on a show for him. Of course, this hidden reason is so that he understands what kinds of sensations and techniques you enjoy most.

Here are a few different ways that you can approach it:

- Indirect: Tell him that you want to try something new, that you want him to watch you masturbate and get yourself off.
- Indirect: Tell him that you want to put on your own "live cam" show for him. Most guys will jump at the opportunity.

● Direct: Tell him that you love the idea of teasing him and forcing him to watch you get yourself off while he's tied to a chair.

The approach you take to introducing the Show Me technique is going to depend on your man's mentality. If his ego is easily bruised, then you'll probably want to use an indirect approach when suggesting it.

Once your man is on board, it's just a case of getting comfortable and starting to masturbate in front of him. You'll probably find your bedroom the best place for this. If you haven't masturbated in front of him before and need to relax, try having a glass of wine or 2 to help settle your nerves.

Then, just proceed to masturbate to orgasm by stimulating yourself in a way that simulates what you like most during sex.

So...

- If you prefer mostly clitoral stimulation, then focus mostly on your clitoris.
- If you have a preferred sex position when you normally have sex with your man, then make sure to get yourself into that position while putting on your show.
- If you like a certain angle or depth or tempo for him to penetrate you with his penis, then use a dildo to demonstrate it to him.
- If you like both penetration and clitoral stimulation at the same time, then of course make sure to demonstrate this with one hand working your clitoris while your other hand is working the dildo.

The key is making it very obvious to your man what you enjoy the most. Of course, after the show, don't be surprised if your man is eager to get involved himself!

A great way to really emphasize to your man what you like is telling him afterwards how much you enjoyed putting on a show for him and how pleasurable a certain technique was...

- *"I just cum so hard from intense clitoral stimulation."*
- *"I love feeling it deep and hard."*
- *"Nothing beats being on all fours when I'm getting off."*



13

RESTRICTING THE SENSES

Restricting your man's senses (or vice versa where he restricts your senses) is a great first step into the wonderful world of BDSM. Many people find that by restricting one sense, it heightens the other senses.

Another really great thing about restricting your man's senses is that you can stay in the vanilla world while doing it, or you can get really kinky, so it's really just a case of discovering what you and your man enjoy most.

Do Not Skip This Part: Safewords

Before we dive in and start learning about how to restrict your man's senses, it's vital that you always use a safeword during any type of play where one of you has control over the other.

Rather than repeating already great information from elsewhere, you should check out these 2 links below for how to properly use a safeword to ensure you only ever engage in safe, sane and consensual play with your man.

[Read This: A great article on how to effectively use safewords.](#)

[Wikipedia entry on safewords.](#)

Now let's have a look at how to restrict each of his 5 senses...

Sight

Restricting your man's sight is the easiest, quickest and most vanilla way to dip your toes into the world of BDSM. If you already have an eye mask or a blindfold, then you're good to go. Otherwise, you can use something like a neck tie or scarf. Once you have your man blindfolded, then you can get to work pleasing, teasing and doing whatever you want with him.

You may want to try out some of these techniques on him while he's blindfolded:

- Push him down onto his back on your bed and then proceed to ride him in the cow-girl position.
- Approach him from behind, lower his pants and start to slowly give him a hand job.
- While he's lying down and naked, physically tease him by gently running your hands up and down his body using almost feather-light touches, softly kissing his body, licking him and blowing air over his body. These sensations are hugely arousing for guys, especially when he can't tell what's going to happen next. Taking small breaks where you do nothing to him helps to build anticipation.

Note: I always advise that you use a blindfold that he can easily remove himself. This way either you or your man can quickly and easily remove it if there's a problem.

Touch

Completely restricting your man's sense of touch is almost impossible. However, you can severely restrict it so that he can't touch himself or touch you. You're going to need some restraints to do this.

Of course, you can go out and purchase custom BDSM restraints to keep your man bound, but they may be a bit costly. The great advantage of doing this is that they are specifically designed so that they are comfortable and don't cause serious damage to your man's wrists or ankles.

If you are going to make your own restraints, there is one really important piece of advice that you must follow...

Don't use anything for a restraint that tightens into a small knot or is difficult to loosen. This means that you need to avoid things like twine or very thin rope as these can form very difficult to loosen knots, potentially causing great pain and damage to your man. However, thicker rope can work as it usually forms knots that are easy to loosen.

There are a few common ways to tie your man with restraints:

- Tying his wrists to the bedposts or corners of the bed.
- Tying his ankles to the other two corners of the bed.
- Tying his wrists behind his back.
- Tying his wrists to his ankles.
- Tying his wrists above his head while he's standing/sitting.

Once you have him restrained then you are in full control and can do what you like with him, including teasing him or just giving him all the pleasure he wants or...

- Giving him an incredibly slow and passionate blow job.
- Riding him in the cowgirl position.
- Whispering filthy things in his ear, while giving him a hand job. You could tell him a dirty story or describe his ultimate fantasy to him as you jerk him off.

I strongly advise you to use restraints that are easy and quick to remove.

Smell

Restricting your man's sense of smell is similar to restricting his sense of hearing (more on that in a bit). It's not very effective on its own, although it can be slightly disorientating. There are a few ways that you can restrict his sense of smell.

The easiest is with a nose clip that swimmers often use to prevent water from entering their nose. Or you can use a clothes peg, although this can be painful for your man. Another is by inserting ear plugs just enough to seal his nose, but **be very careful not to insert them so far that they are difficult to remove.**

Note: It's vital when restricting your man's sense of smell that you ensure he can easily breathe at all times. It's also vital that he can easily communicate his safeword to you if there is a problem.

Sound/Hearing

Restricting your man's hearing isn't that effective when done on its own. So, I'd advise you to do it alongside restricting another one of his senses.

The easiest way to restrict his hearing is with ear plugs. But if you really want to make it hard for him to hear anything, then you may also want to use “ear defenders” too. These are those big bulky things that look like a pair of large headphones you might see a DJ wearing. You can get them at most hardware stores.

My advice when restricting his sense of hearing is to combine it with blindfolding him. It's a form of sensory deprivation that can be very disorientating for him as he will become completely dependent on you to take care of him.

Again, make sure to use a safeword when doing this to make sure things don't inadvertently get out of control.

Taste

You'll find that restricting your man's sense of taste doesn't make for particularly hot or exciting situations.

However, blindfolding him and then feeding him different foods (some delicious, some not so tasty) can be a lot of fun...although this is the opposite of restricting his sense of taste.

Once you have done some experimentation and have discovered what sense you and your man enjoy having restricted, then you can start to combine things.

- You could blindfold your man and also restrict his sense of smell.
- You could tie your man to the bed and restrict his sense of hearing.
- You could tie your man to the bed, restrict his sense of hearing and put a blindfold on him to restrict his sight.

Again, make sure that you both agree to using a safeword before restricting any of his senses

Last Word on Restricting His Senses

Before you go ahead and start restricting your man's senses, there are three things that you must be aware of...

1. Restricting your man's senses doesn't need to always be some crazy, intense BDSM scenario. Simply using a blindfold to prevent him from seeing during sex or pinning his arms down with your own hands can be enough to keep things hot.

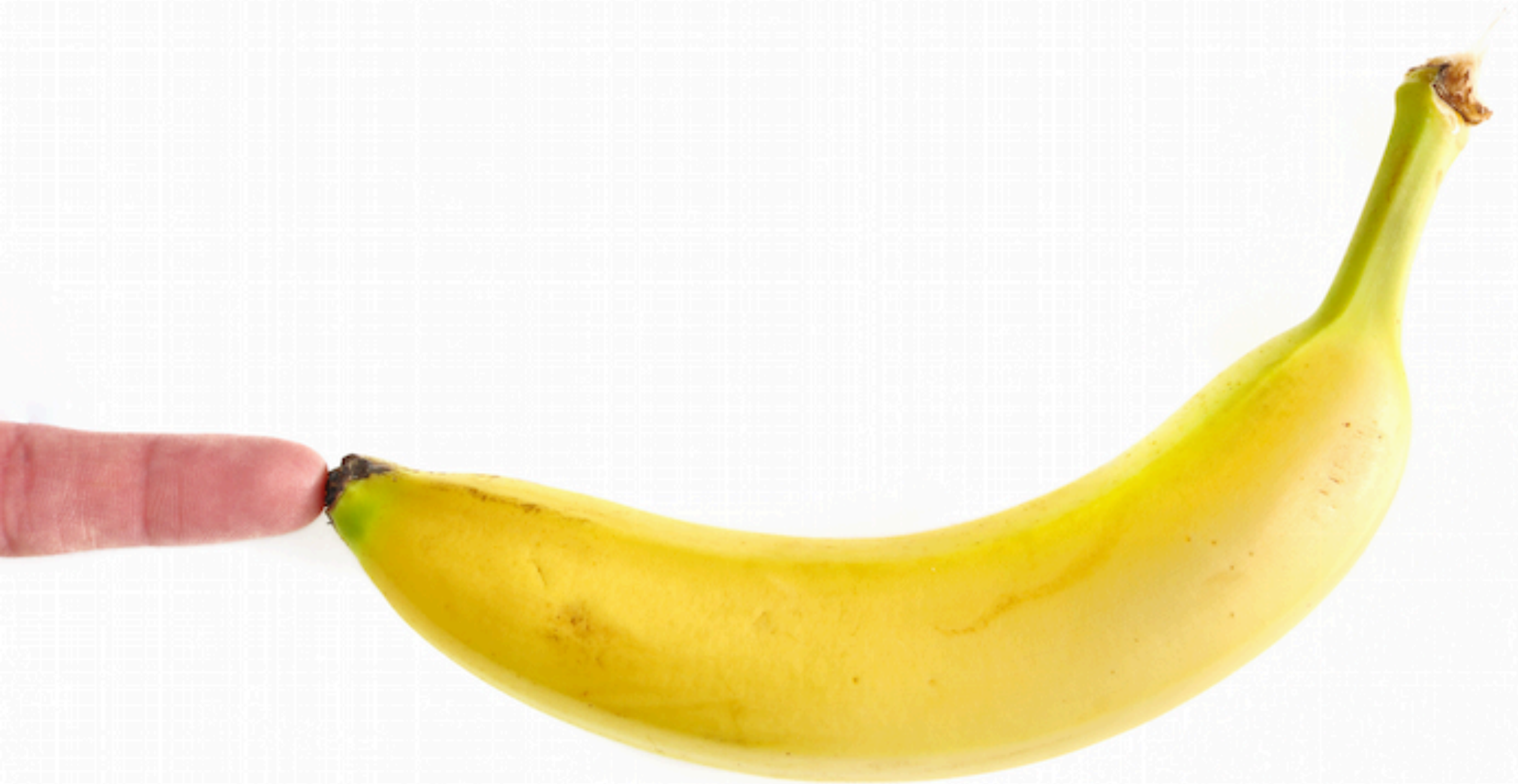
2. Make sure you discuss it before you try it with your man. Some guys can be super enthusiastic when you surprise them with something new like restricting his senses, but others can find it to be a shock and can even get freaked out by it. I always advise that you discuss it first before trying it.

3. Always agree to a safeword before restricting any of his senses. Remember, you can find out more about safewords from Wikipedia at the following link:

<http://en.wikipedia.org/wiki/Safeword>

And this article will teach you how to use a safeword properly:

<http://clarissethorn.com/2010/07/03/sex-communication-tactic-derived-from-sm-2-safewords-and-check-ins/>



14

JUST THE TIP

Just The Tip is similar to the Give In Game that I taught you earlier as it's all about teasing your man **and** yourself. Playing Just The Tip is super simple. All you need to do is take the very tip of your man's penis into your vagina.

When I say tip, I mean no more than the first 1/4 inch of his penis.

Once he has the tip of his penis inside you, then it's a case of trying to just stay like that, not pulling him any deeper and not pushing him out.

Meanwhile, your man will be trying to do the exact same thing, hold himself in a position so that just the tip of his penis remains inside you without pushing himself deeper inside you or pulling out.

Now, it's just a case of doing everything you can to convince him to push deeper. At the same time, he is going to be doing everything possible to try and convince you to pull him deeper inside. Again, the loser is the person who gives in first. And of course, you both need to agree to a forfeit for the loser before you start playing the game. The forfeit can potentially be something important and serious, but you'll find that inconsequential forfeits are much better for keeping the game fun and playful.

It could be something like choosing what TV show to watch together or cooking the dinner for the winner.

Convincing Your Man to Lose

Here's a few things you can try doing to convince him to push deeper and lose the game:

- Beg and plead with him.
- Promise him something for pushing deeper.
- Tell him how good it's going to feel to push deeper.
- Use your hands to rub his balls and shaft of his penis.

- Talk dirty to him.
- Run your nails and hands all over his body.

A Nice Side Effect

One of the really nice side effects of playing Just The Tip is that **you'll quickly discover how to trigger intense desire in your man** along with what things you can do to push him over the edge to make him lose control.

You might find out things you never would have considered before. He could get highly aroused when you humiliate him or when you act really submissive or when you're more domineering.



15

ROLEPLAYING

Roleplaying with your man is a wonderful way to explore your fantasies together. There is one very big theme that runs through many roleplaying scenarios that you can try with your man. This is the power dynamic, where one of you has all the power while the other is usually powerless.

There are a bunch of different roleplaying scenarios that involve a power dynamic that you can try out with your man. Here are a few examples:

- Cop and criminal.
- Teacher and student.
- Prison guard and prisoner.
- Boss and secretary.
- Club promoter and club girl.
- Photographer and model.
- Pirate and innocent maiden.

Thankfully, there are more than just power dynamic roleplaying scenarios that you can explore with your man. Some examples are:

- The uncontrollable nymphomaniac, where you act uncontrollably horny towards your man and do everything possible to get him into the bedroom and have sex with him. Of course you can flip this scenario and your man can be the uncontrollably horny and lusty one.

- Two college kids at a college bar. If you enjoyed the freedom of college and all the flirting, gallivanting and shenanigans that went with it, then you and your man need to go boozing at your nearest college bar. The atmosphere will help you get back into your carefree college days.

● The pickup. If you're missing the initial flirting and tension from the beginning of your relationship, then getting picked up all over again can be the perfect substitute. Arrange to both be at a bar at the same time one night. Your man then needs to approach you, flirt with you and try to pick you up. Of course, you can flip this situation and be the one who picks up your man.

Of course, reading this list of roleplays is just the start. What's important is actually making them happen. These guidelines will help turn them into reality.

Playing the Part - Playing a convincing cop or secretary or pirate is going to be pretty tough if you are just wearing your normal clothes and aren't a professional actor. However, dressing up is going to make it much easier to get into character and way more fun too, helping to make the whole scenario feel much more real.

Getting Relaxed - If it's the middle of the week and you're stressing about work, then getting into character and really enjoying roleplaying is going to be difficult. So try to keep roleplaying for when you're relaxed and naturally excited about it. If you have trouble relaxing, then my advice is to have a glass or two of wine to help calm yourself down.

The Problem with the Power Dynamic - Not everyone is going to be completely comfortable with "power dynamic" roleplaying scenarios like the teacher/student scenario and that's perfectly fine. If you don't feel comfortable with these scenarios, then just avoid them.



16

DOMINANCE & SUBMISSION

Dominance and Submission can be so enthralling that you may end up structuring your entire life around it. But for most couples, this is neither practical nor wanted.

However, most couples can have a lot of fun by incorporating even just a small amount of dominance and submission into their sex lives.

The basic premise of dominance and submission is a situation where your man has control over you in some way (or vice versa where you have control over your man). So, one of you will be dominant while the other is submissive/

Before engaging in any type of dominance and submission with your man, it's important that you both use a safeword to prevent things from accidentally getting out of control and to prevent anything unwanted from happening. This way everything is consensual. [This article](#) and [this one](#) will teach you the most important aspects of safe-words that you need to know.

It's also important to both agree on what your limits are. Your limits are the things that you are not willing to do. Your man must respect these.

This way you can have some safe, sane and consensual fun without the risk of something bad happening. Now, let's learn some fun dominance and submission scenarios that you can use to keep things exciting with your man.

Sex Slave - Becoming your man's sex slave can be hugely satisfying for both of you. He'll get to use you as he pleases for his own sexual satisfaction.

He can demand a blow job while he is relaxing, watching TV. Or he could grab you by your hair and lead you to the bedroom and demand anal sex. Or he might make you strip in front of him and start masturbating. Or maybe he wants to go out to a bar with you, but won't allow you to wear panties or a bra.

If you like being degraded or like the idea of being used or like being the source of your man's physical pleasure then becoming his sex slave can be a lot of fun. Of course swapping roles can be thoroughly satisfying too.

The Maid - Becoming your man's maid is similar to becoming his sex slave, except becoming his maid also has a mental dominance element to it. He could demand that you clean his house, that you dress a certain way, or that you perform certain actions, like curtsying for him after he gives you an order. He could also get you to cook for him and do other chores. And of course there is the sexual/physical element just like when you are his sex slave.

The Naughty Girl - If you prefer a situation where your man has to discipline you, then the Naughty Girl is perfect. Before you start playing, you and your man need to create rules that you need to follow and punishments for not following those rules. Here are some example rules that you can use:

- Not saying “yes” or “no”...this is a lot harder than it sounds and will inevitably result in a lot of punishment.
- Having to ask for permission to speak to your man.
- Having to address your man as “Sir” instead of his first name.
- Not being allowed to make eye contact with your man.

Punishments for violating each rule can involve some of these examples:

- Bending you over his knee and spanking you 10 times on your bare butt with his hand.
- Making you adopt a stressful position like touching your toes or holding your hand in the air for a set period of time.
- Using a hairbrush or belt to spank or flog you a set number of times.

- Forcing you to kneel on a hard floor for 5 minutes.

Of course, these are just examples. It's best to use them as a starting point and try to come up with rules and punishments that you both find most enjoyable and satisfying.

The Mental & Physical

The key to discovering what flavor of dominance and submission you enjoy most is figuring out whether you prefer the mental aspect of control or the physical aspect most and then constructing your dominance and submission scenario around this.

It's a good idea to ask yourself what you enjoy most...

- Do you like it when he tells you what to do?
- Or do you prefer it when he grabs you and overpowers you?
- Do you enjoy having to clean the house as a punishment?
- Or do you prefer him spanking you?

Most people enjoy a combination of both, with some physical and mental domination combined.

Note: You may have noticed in this chapter that I have constantly referred to your man dominating you and you being submissive to your man. Don't forget that you can be the dominant partner too while your man is the submissive one.



17

THE FIGHTBACK

If you want to experience intense passion and intensity during sex, then you should try out the Fightback game with your man. This technique simply involves you pretending to resist your man's advances in the bedroom while he's trying to overpower you and have his way with you.

This resistance is great for creating sexual tension moments before you start having sex. However, it's vital that both you and your man understand that the Fightback is just a game and that you are both just playing. It also requires that you use a safeword (more on safewords [here](#) and [here](#)).

It's also important that your man understands your limits so he knows what you are comfortable with and enjoy along with what you won't tolerate. This way, you'll never have to worry about the game getting out of hand.

To play the game, you and your man need to be alone. The bedroom is the perfect place to start.

- Your man can start by trying to remove your clothes while you try to stop him both physically and verbally. You can push his hands away from you and you can button up the buttons he has undone.
- Once he has most of your clothes off, he can start pushing you down on your back. All the while make sure to keep trying to resist him.
- Once you're on your back, don't give up. Use your arms and legs to try and push him off you.
- Eventually, your man will have you pinned down. At this stage, try to stop him from spreading your legs open. Again, to make it feel more real, you can even verbalize your resistance by asking him to stop. Or you can try to make a compromise, promising him a blow job if he lets you up.
- Ultimately, he will have your legs spread and you will be completely at his mercy. At this last stage, try to wriggle free and prevent him from entering you. This part can be especially fun if your man takes his time, allowing the suspense to build.

Of course there are lots of variations to the Fightback game too.

- He could bend you over the sofa and try to enter you doggystyle.
- He could push you onto the floor instead of the bed.
- He could force you to give him a blow job or anal sex instead of regular sex.

You can also turn this into a roleplaying game, by dressing up in clothes that you don't need anymore. This way, your man can literally rip them off you as he tries to have his way with you.

It's quite hard to explain how fun and arousing the Fightback game can be until you actually play it. There's just something incredibly erotic and arousing when your guy appears uncontrollably compelled to have his way with you.

And just like with the Dominance And Submission chapter, you'll find that it can also be very hot switching roles, where you are the one forcing your man to have sex.



18

FISHBOWL FUN

Often, suggesting new ideas to your man or even hearing him suggest new ideas to you can be a little awkward or difficult, especially if you've never done it before. The funny thing is that fetishes, kinks and anything not considered "mainstream" should never be something that makes either you or your man feel awkward, provided it's not dangerous and isn't something that could hurt other people.

To help prevent feelings of awkwardness or embarrassment, I always suggest that couples should use the Fishbowl Of Fun game to explore their kinks and fetishes as it's fun and low pressure, especially after a glass or 2 or wine.

It's very simple to play the Fishbowl Of Fun with your man. You just need to each take some pieces of paper and write down on each piece something new that you'd like to try on each of piece. It's important that you both start with the same number of pieces of paper. Ten to twenty is a good place to start.

Some examples that you could write down are:

- Deep throating.
- Face sitting.
- Strap on play/Pegging your man.
- Anal sex.
- Using a butt plug.
- Tying your partner down/being tied down.
- Using sex toys.

Once you have finished writing down what you want to try, then just fold over the pieces of paper so that neither one of you can read them and put them in a bowl or a hat or something similar.

You are then going to take turns pulling a piece of paper out of the hat. After reading the piece of paper, you have a choice to either try out the kink/fetish/sexual act with your man or veto it. The game finishes when there is nothing left in the fishbowl.

Of course, if either you or your man is not that sexually adventurous, then you will be vetoing a lot of ideas that get pulled out of the hat. This is perfectly fine, but you need to create a forfeit for each time someone vetoes an idea. The forfeit needs to be big enough that it encourages you to use it rarely. The forfeit for your man could be doing all the chores in the house for a full week or it could be washing the car every weekend for the next month. Similarly, your forfeit needs to be harsh enough that you really don't want to use it.

Now, using a veto and forfeit makes the Fishbowl Of Fun sound very serious...and of course, that's not the aim of the game. It's supposed to be fun.

So to keep it fun and prevent either you or your man from using the veto much, when you start playing the game, stay in the “shallow end of the pool” at first using slightly more timid and vanilla ideas. These are things like:

- Oral sex
- Hand job/fingering
- A new sex position
- A massage
- Extended make out session

This way, the veto will never even arise. The following times you play the game, as you get more comfortable with each others wants and desires, start to push the boat out a bit, by adding in 1 or 2 ideas, kinks or fetishes that are at the edges of your man's comfort zone.

You'll notice that completing 10-20 different ideas in a single night is going to be very difficult. So many couples find that taking a single turn every night makes the game easier to play.



19

REMOTE CONTROL FUN

In case you didn't already know, remote controlled vibrators are widely available. These are vibrators that you insert into your vagina and then a wireless remote is used to control the vibrations. You can insert the vibrator inside yourself and hand your man the remote so that he has complete control over the vibrator.

Sounds like something fun that you can do in the bedroom, right?

It is...

But, there are so many other places and scenarios where you can enjoy the fun of a remote controlled vibrator with your man.

High Class Restaurant - Sitting down with your man for a well prepared and delicious meal is of course enjoyable, especially if it's in a popular and well-regarded restaurant. Having your man control the vibrator inside you during the meal can make it hugely more exciting.

He can turn it on while you're ordering to see if you can keep a straight face. Or he can give you some vibrations while you're enjoying your dessert.

The Quiz - Another fun game you can play with your remote controlled vibrator is having your man quiz you. For every question you answer correctly, your man can deliver vibrations for a specific length of time, say 10 or 20 seconds. Wrong answers mean no vibrations.

Out In Public - Provided you're not breaking any laws, receiving vibrations from your man while you're out in public can be really fun, especially when you're trying to keep a straight face as you near orgasm. So, you could both be walking around a park or you could be buying tickets for a train and be dealing with the cashier or you could be in a queue waiting for the bus.

Nightclub Good Vibrations - If you enjoy dancing, then you can wear your vibrator to a nightclub. This way you can be dancing to your favorite songs with your man while he gives you small pulses of pleasure between your legs.

A Fun Night In - Public play is certainly not for everyone. If you aren't keen to use your remote controlled vibrator outside the privacy of your house, then you can still use it inside your house...

Simply slip it inside yourself and hand your man the remote the next time you are having a lazy night together. Your man can then randomly give you a buzz here and a vibration there whenever he feels like it. It can be incredibly hot and arousing, when he slowly teases and tempts you over a number of hours, instead of trying to make you orgasm as fast as possible.

Once you are totally aroused, he can “finish you off” himself, either using the remote controlled vibrator or through sex, oral sex or even through some finger foreplay.

Gotta Have Ground Rules

First up, never break any laws when using a remote controlled vibrator with your man.

Next, as you will be giving up control of the vibrator to your man, he needs to know what you are comfortable and not comfortable with. If you are not comfortable with him sending you vibrations while you are talking to people, he needs to know this. This is why I always recommend that you try it out first at home, if you're planning to use it in public.

Lastly, always use a safeword while playing with a remote controlled vibrator. You may think you don't need it, but you must use a safeword in any situation where you are giving up control.

The last thing you should know about remote controlled vibrators is that they vary massively in quality. Cheaper ones tend to be louder and aren't as powerful. So when

purchasing one, you'll find that it's best to go for one that costs a little extra and has been well reviewed.



20

FORGET THE BEDROOM

The Forget The Bedroom technique is deceptively simple, yet incredibly powerful.

Forget The Bedroom simply refers to having sex outside of your bedroom. It couldn't be simpler. Yet it's powerful because having sex outside of your bedroom opens you up to a number of things:

Different positions - Without a bed to lie on, you'll find that you naturally have to improvise and use other positions. So if you're in the shower, then most likely you'll need to use a standing position. If you're in the kitchen, then he can bend you over the kitchen table. If you're in the TV room, then he can sit down and you can straddle him.

Different sensations - If you use air conditioning, then most likely your bedroom will always be at the same temperature. Having sex outside in the open air means that you can't control the temperature. You also can't control the wonderful breeze blowing over your bodies as you're both grinding on each other.

Perfect for restarting the fire - If your sex life has fallen into a routine, then moving out of the bedroom is great for breaking that routine and making things fun again. You'll naturally be hit with fresh ideas as you start having sex in new places.

You'll notice that certain pieces of furniture are perfect for sitting on or leaning over to give you and your man new angles. You'll find that having your man's warm body on top of yours feels incredible when you're out in the cold. You'll discover the almost spiritual pleasure of reaching orgasm while staring up at the stars.

So, where are some good places for sex instead of the bedroom? Try these:

- Your kitchen.
- The floor of your sitting room.
- Against the wall in your bathroom.
- Deep in the forest where you won't be disturbed.
- On a deserted beach.

- On the hood of your car.
- In a closet at a house party.
- In your parents house.

How to Forget the Bedroom

Using this technique is very easy. Just start touching your man and turning him on when you're in a room in your house other than your bedroom and if your man suggests going into the bedroom, just tell him that you want him, "right here."

Once you do this a few times, it will start to feel natural to your man to have sex outside the bedroom. Make sure to be very positive about it with him so that he understands how much you enjoy having sex around the house. After you do it a few times, don't be surprised if your man starts suggesting new places to get it on.



21

THE INITIATOR

This technique is one that many never even consider. The Initiator is all about taking the lead and being the person who initiates sex. It's not necessarily about being “dominant” or “in control”. It's simply a case of being the one who starts kissing him, being the person who initiates foreplay and being the one who leads him into the bedroom.

Now, the Initiator certainly doesn't sound like some wild blow job technique. *So, how come it works so well?*

It works so well because of the effect it has on your man's brain. Think about it.

Have you ever been around a guy who couldn't keep his hands off you? He had trouble controlling himself. And even though he was having a great time talking to you, the sexual tension was clearly too much for him. You could see that he was trying to restrain himself, but the way he was looking at you and touching you let you know exactly what was on his mind.

It's an incredibly arousing feeling. Fortunately, acting like this has the exact same effect on your man when you are the “aggressor.”

So, instead of waiting for your man to make a move or suggest you jump into bed together, take the initiative yourself. Here are a few examples of how to be the Initiator...

1. The next time you are sitting beside your man on the sofa, rest your hand on his thigh and then slowly start massaging it. After a minute or two of massaging his thigh, move your hand towards his groin and start massaging his penis and balls over his trousers.

You'll notice that he quickly gets hard from this. If he doesn't start unbuttoning his trousers himself, then do it for him. Now you can start giving him a blow job or hand job or even start having sex with him.

2. When you are out at a party with your man and are around other people, it's usually not going to be the best idea to just grab his crotch in front of other people. Instead, you need to take the initiative in another way. Start by touching him more often while

you're talking. Touch his arm, his hand and even put your arm around his waist while you're talking.

Then, when you can tell he's enjoying it, grab his hand and bring him somewhere more private. Once you're both in privacy, lean in and start kissing him. If you're not going to be disturbed, then you can keep escalating things by taking off his clothes while still kissing. Then it's just a case of giving him a hand job, blow job or having sex.

3. You can also be The Initiator by using dirty messages. So, if you are both planning on meeting up later in the day, you can send him a message beforehand letting him know your intentions for him...

"I've got a surprise planned for later."

"Can't wait to get my hands on you this evening."

"My mouth has been watering all day thinking about you, can't wait for later."

When you do meet up with him later, make sure you are super hands-y with him, like in the first two examples.

When You Shouldn't Take the Initiative

There is one time when taking the initiative can backfire on you. If your relationship is very new and your man is one of those guys who likes to take things slow, then taking the initiative too often and being too aggressive can scare him off.

You may have even been in previous relationships where the guy was a little too aggressive, eager and intense for you. It can be off-putting. So if you are in a new relationship, then try to balance it out, by allowing him to take the lead from time to time as well.



22

GREAT GOOD MORNING

Earlier, I talked about how hot men find it when you act insatiable and “have to have him.” There's just something indescribably arousing when you feel that your partner is completely consumed with you and only you and will do whatever it takes to get you into bed.

This is what the Great Good Morning technique is all about, showing your man that you “have to have him,” that you are completely insatiable for him.

You are going to be performing the Great Good Morning technique early in the morning while your man is fast asleep.

The next time you wake up before him in the morning when you're sleeping together, gently guide your hand down to his groin area and softly grab his penis. It doesn't matter if it's soft or hard, just start giving him a hand job and make sure to be extra gentle, so that you don't shock him awake or startle him. The goal is to keep him in a sort of slumber.

Keep masturbating him until he finishes and then clean him up before going back to snoozing with him. Most guys absolutely adore this. It's something completely new, you're taking the initiative, it's a total surprise, it's a little shocking and most importantly you're providing him with lots of pleasure.

What's not to like!?

And if he asks why you decided to do it, just tell him that you woke up feeling horny.

Once you see the great reaction you get when waking him up with a hand job, it's time to try giving him a blow job or getting on top of him and having sex. You can use any technique from the [Blow Job Bible](#) or the [Bad Girl's Bible](#) site, but the key again is making sure that you are super gentle, so he stays in a dreamlike slumber and isn't shocked awake by it.

You can also mix and match...so your hand job can turn into a blow job, which can turn into sex. What's important is using a hand job the first time you try it. This way,

you'll be able to gauge his reaction. If you start off with sex, then your man may wake up in shock and throw you off him, which is definitely not what you want.

Making Sure Great Good Morning Works

There are two keys to making sure the Great Good Morning technique works well:

- 1.** Don't do it if your man is stressed, anxious or has to be up early. The focus of this technique is pleasure. And your man isn't going to experience much pleasure if his mind is elsewhere. So try to reserve Great Good Morning for weekend mornings and mornings when you and your man don't have to be somewhere.
- 2.** Turn off your alarm. Turning off your alarm is vital to ensuring your man isn't shocked awake.



23

FEEDBACK

Have you ever been chatting with your friends when you notice that one of them was into something that you had no interest in whatsoever? Perhaps she really likes anal sex and has powerful orgasms from it, but you tried it a few times and didn't enjoy it at all. Perhaps another friend adores having her toes licked and you find it a complete turn off.

The reason I'm talking about this is because guys are similar to women in this regard.

- Some guys love going down on their partner, while others would prefer to never do it (selfish jerks!).

- Some guys like it when their partner acts slutty for them, while others find it a turn off.

- Some guys adore being dominant over their partner in the bedroom, while others aren't so keen and may even prefer you being the dominant one in the bedroom.

Your man is going to be unique in his turn ons, turn offs and preferences when it comes to sex. The only way to find out what he finds most sexually satisfying is by talking to him and getting feedback from him. Therefore, paying attention to his reactions and discussing his likes with him is vital.

Some questions that you should ask your man when he's in a state of post-orgasmic bliss are:

- *So...what did you think of that?*

- *Was that intense enough or would prefer it wilder?*

- *Do you enjoy it when I'm submissive to you?*

- *Do you like the feeling of me being in control and dominating you?*

- *Is there anything different that you'd like to try?*

- *Have you ever wanted to try roleplaying, like me dressing up for you?*

● *Do you like it when I surprise you with something new or would you prefer to know the tricks I have up my sleeve?*

● *Are there any sex techniques I use that you find kind of boring?*

Frustratingly, not every guy is going to be super straightforward with you about their kinks, fetishes, wants and desires in the bedroom. So sometimes, you're going to have to watch and listen to his reactions to see how much he enjoys something you're doing.

So, if you notice that your man starts groaning louder than usual as you drag your fingers over his anus, then he may enjoy anal play. You could experiment with gently attempting to finger him or even giving him anilingus.

If you notice that he seems to enjoy you digging your nails into his back during sex, then perhaps he finds pain to be very erotic and may enjoy more of it. You could try things like pinching his nipples, pulling his hair, spanking him and gently biting his lips.

Or if you notice that he gets really aroused when you talk dirty during sex, then you may want to ramp up the dirty talk and see if that turns him on even more.

The point I'm making is that you need to get feedback from your man, whether that is:

- 1.** Direct feedback that he tells you himself or from questions you ask him or...
- 2.** Indirect feedback from listening to his body and watching his reactions to different techniques you try on him.

What you'll find from *Obsession Maker* is that each technique **doesn't work equally well**. You'll discover that some of these techniques will be fantastic and will completely blow your man's mind, while others aren't quite as effective due to your man's own preferences and desires.

The key is not getting hung up on forcing a technique to work. Instead, try each one with an open mind and from here you'll see what you and your man both enjoy most.



24

LET'S GET GOING!

I hope you had as much fun reading *Obsession Maker* as I did writing it.

As I've mentioned repeatedly throughout the book, *Obsession Maker* and *Firestarter: How to Create Extreme Sexual Tension* are very much a pair. You need to read and use both of them if you truly want to become your man's sexual obsession.

Firestarter: How to Create Extreme Sexual Tension will teach you everything you need to do to create sexual tension with your man which will ultimately cause intense attraction, desire and lust in him. These are the techniques, tactics and things you need to do to make him want to rip your clothes off.

Obsession Maker is the other half of the puzzle. It will teach you the physical techniques to use on your man once you start acting on his lust and desire. It will teach you the actual sexual techniques to blow his mind and leave him a satisfied, quivering wreck.

Getting Maximum Power From *Obsession Maker*

There are 100s of techniques and variations of techniques inside *Obsession Maker* that you can use on your lover, but not all of these techniques are equal in their power.

It's important to remember that because of your man's own kinks and wants, he will find some of these techniques intensely enthralling and pleasurable, while he won't care as much for others.

This is where you come in....

You need to do two things:

- 1. Take action, and try these techniques on him.**
- 2. Get feedback from your man, so you know what's working and what's not.**

Here's What You Need to Do

You now need to choose two to three techniques from the book that you want to try with your man.

Not 10.

Not 20.

two to three are all you need.

This way you won't have trouble figuring out which one to use on your man when the situation presents itself. Even though you may be super pumped and enthusiastic about trying out 15 different techniques tonight, the problem previous students have encountered when doing this is that they hesitate and aren't sure which technique to use in each specific situation because there are just so many.

Hesitation is a common problem people have when presented with too many choices. It's actually a mental phenomenon called the paradox of choice (seriously, just Google "paradox of choice" for more on it).

So, stick with your favorite two to three techniques. Try them out and **pay attention to how much your man enjoys them.**

If he clearly enjoys a new technique you try, then add it to your mental "sex toolbox" so that you can use it again another time.

If you notice that he isn't enjoying a technique after you try it once or twice, then don't fret. Just stop using it and try another new technique the next time.

Every few weeks you should be adding more new techniques to your “sex toolbox.” Eventually, you’ll have a huge number of techniques which get a great reaction from your man that you can pull out when you feel like it.

Keep It Balanced & Have Fun

After you finish reading *Obsession Maker*, you may think that having great sex is only about providing your man with pleasure. It’s not.

Great sex is about two people giving themselves to each other and sharing in the mutual satisfaction of pleasuring each other.

While this book is focused entirely on giving your man pleasure, it’s completely reasonable to expect that your man should also pleasure you in return. When he sees that you are trying new things to keep him sexually satisfied, make sure to encourage him to do the same for you too.

Lastly, keep in mind that sex is supposed to be fun! While I’ve tried to make *Obsession Maker* as clear and instructional as possible, it may seem a bit serious at times. Sex should never be serious. It’s supposed to be fun.

If you find that you are concentrating a little too hard on making a certain technique work for you, and aren’t having as much fun as you’d hoped, then forget about getting it “right” and just do what’s fun and enjoyable for you.